

A

ActionAid (Guernsey Support Group)	236339
Age Concern (Guernsey) - Helpline and Information	267660
A.I.D.S. Helpline	707707
Alanon Family Group	07781 416950
Alcoholics Anonymous	713480
Alzheimer's Society	Helpline 233700
Office	213367
Animals - Handrearing of Baby Animals	256101

B

Bereavement Help	257778
British Red Cross Society & Shop	723088
Co-ordinator/Senior Fundraiser	721196

C

Cancer Research UK (Guernsey)	723712
Cardiac Rehabilitation	725241
Child Contact Centre, Roseville Community Centre	07781 138504
Citizens Advice Bureau	242266
Consulates - Resident in the Bailiwick	
Finnish Consul, Guernsey contact	238287
France, Consular Agency	729290
German Federal Republic, Honorary Consul	725115
Italian Consular Agency	243759
Netherlands, Consul for for the Channel Islands	241721
Royal Norwegian Consulate, (Jersey Based) Guernsey contact	728718
For all other Consular matters (during office hours only)	726666
Crimestoppers	Freephone 0800 555111

D

Diabetes UK (Guernsey Branch)	254178
Disability Information (Information Exchange)	707470
Drugs Concern Group	729000

F

Family Planning Service	07781 103434
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G

Girlguiding Guernsey	252758
Grow Limited - Guernsey Rural Occupational Workshop	721865
Guernsey Alcohol & Drug Abuse Council	723255
Guernsey Association for Mental Health	722959
Guernsey Association of Royal Navy & Royal Marines	235240
Guernsey Blind Association	236933
Guernsey Cancer Support	07839 206857
Guernsey Cheshire Home	720578
Guernsey Group of Riding for the Disabled	265462
Guernsey Mencap LBG, Society for People with Learning Disabilities	07781 403684
Guernsey Motor Neurone Disease	251311
Guernsey Society for the Physically Disabled	724333
Guernsey Sports Association for the Disabled	258819
Guernsey Stroke Association	265046
Guernsey Voluntary Service (Formerly WRVS)	247518
Guernsey Welfare Service	711847
Guernsey Womens Aid	07781 133321
Guernsey Womens Refuge	721999
Guille - Alles Library & Information Service	720392

H

Health Care Equipment Centre (Hire & Sales)	729268
Health Information (Information Exchange)	707470
Hope For Guernsey, Secretary	07781 164665
Chairman	07781 103893

J

Jubilee Hospital Radio, PEH	700400
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L

Les Bourgs Hospice, 24 Hour Nursing Care	251111
LIFE, Pregnancy Care & Counselling Service	239552
Lions Club of Guernsey (Charity)	736456

M

Meals on Wheels	247518
Mental Health Service Users Group	07781 456801
MIND Guernsey	722959
Multiple Sclerosis Society - Bailiwick Branch	715557

N

N. C. T.	Info Line 12058
Neuro Concern Society	251311

O

Osteoporosis Helpline	257822
Oxfam	728525
Oxygen, Home Delivery Service	200077

P

Parkinsons Disease Society - Guernsey Branch	241118
Pink Ladies Breast Cancer Support Group	(Helpline) 07781 415131

R

Relate Relationship Counselling	730303
RNLI Hon. Secretary	720229
Ron Short Centre for Physically Disabled People	724333
Round Table (Guernsey)	701246

S

Safer Domestic Abuse	Helpline 257652
Samaritans	715515
Save The Children - Chair	233193
Treasurer	251898
Scout Association	256796
Sexual Health Clinic	707707
Society for Physically Disabled People	724333
Soldiers, Sailors, Airmen and Families Association	07781 436055
Special Olympics, Guernsey	707365
Startup Guernsey (formerly GEA)	710043
Stroke Scheme	725241
Sunflower Project	07781 433838

T

The Befrienders Scheme	707365
The HUB	724421
The Russels Day Centre, Les Cotils	726458

V

Victim Support & Witness Service, Bailiwick of Guernsey	713000
	Fax 710024

W

WEA, Workers Educational Association.	237888
Womens Refuge	721999